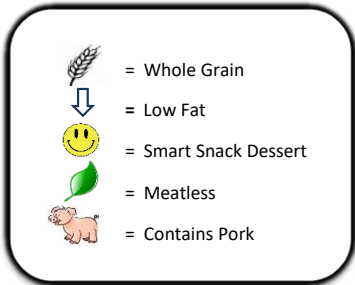


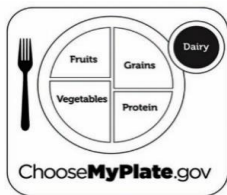


Did you know that TUSD offers ALL the elements of a healthy diet to keep your kids strong & healthy?

Look for these symbols next to your favorite menu items to find out all of the healthy options offered on the March menu!



For more information, please check out the back side of the menu!



Students must select three of the five food groups. One choice must be fruits or vegetables.

This institution is an equal opportunity provider.

TORRANCE UNIFIED SCHOOL DISTRICT ELEMENTARY LUNCH MENU

March 2018

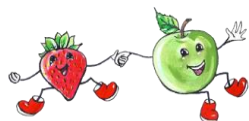
MARCH

Prepay online at family.titank12.com

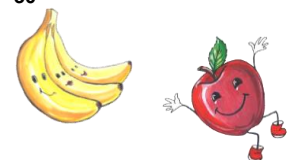
Check out our Salad Bar offered daily with seasonal fresh fruits and vegetables!

Daily Milk & Juice Choices

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Alternative Menu Choices:</p> <ol style="list-style-type: none"> PB&J Sandwich Cup of Yogurt Grilled Cheese Entrée Salad (Mon-Thur) 	<p>Lunch Pricing:</p> <p>Paid \$3.00 Reduced \$0.40 Milk \$0.50</p> <p style="text-align: center;">**Menu Subject to Change</p>		<p>1</p> <p>Beef Rib-B-Que Sandwich </p> <p>Fresh Apple Slices Chocolate Chip Cookie </p> <p style="text-align: center;"><i>Fresh Fruit & Veggie Station</i></p>	<p>2 Dr. Seuss Day!</p> <p>Domino's Smart Slice Cheese Pizza </p> <p>Applesauce</p> <p style="text-align: center;"><i>Fresh Fruit & Veggie Station</i></p>
<p>5 6 7 8 9</p> <p style="text-align: center;">National School Breakfast Week 5th-9th - Come Join Us for Breakfast! (At participating schools)</p>				
<p>Meatless Monday</p> <p>Italian Cheesy Garlic Bread </p> <p>with Marinara Sauce Fresh Apple Slices</p> <p style="text-align: center;"><i>Fresh Fruit & Veggie Station</i></p>	<p>Tyson Oven Baked Chicken Nuggets </p> <p>Emoji Fries Roll </p> <p style="text-align: center;"><i>Fresh Fruit & Veggie Station</i></p>	<p>Dodger Dog </p> <p>BBQ Baked Beans</p> <p style="text-align: center;"><i>Fresh Fruit & Veggie Station</i></p>	<p>Crispy Chicken Sandwich </p> <p style="text-align: center;"><i>Fresh Fruit & Veggie Station</i></p>	<p>Papa John's Cheese Pizza </p> <p>(School Approved) Diced Peaches</p> <p style="text-align: center;"><i>Fresh Fruit & Veggie Station</i></p>
<p>12</p> <p>Meatless Monday</p> <p>Cheese Quesadilla </p> <p>Refried Beans</p> <p style="text-align: center;"><i>Fresh Fruit & Veggie Station</i></p>	<p>13</p> <p>Baja Fish Nuggets </p> <p>Waffle Net Fries Star Cookie </p> <p style="text-align: center;"><i>Fresh Fruit & Veggie Station</i></p>	<p>14</p> <p style="text-align: center;">Brunch for Lunch</p> <p>Waffle Sticks </p> <p>Lean Beef Sausage Applesauce</p> <p style="text-align: center;"><i>Fresh Fruit & Veggie Station</i></p>	<p>15</p> <p>Breaded Chicken Drumsticks </p> <p>Mashed Potatoes </p> <p>Roll </p> <p>Crispy Treat </p> <p style="text-align: center;"><i>Fresh Fruit & Veggie Station</i></p>	<p>16</p> <p>Domino's Smart Slice Cheese Pizza </p> <p>Mixed Fruit Luck O' the Ice </p> <p>Sour Apple Icy </p> <p style="text-align: center;"><i>Fresh Fruit & Veggie Station</i></p>
<p>19</p> <p>Meatless Monday</p> <p>Mac & Cheese </p> <p>Garlic Breadstick </p> <p>Fresh Apple Slices</p> <p style="text-align: center;"><i>Fresh Fruit & Veggie Station</i></p>	<p>20</p> <p style="text-align: center;">Taco Tuesday</p> <p>Crunchy Turkey Tacos </p> <p>with Salsa, Lettuce and Cheese Refried Beans</p> <p style="text-align: center;"><i>Fresh Fruit & Veggie Station</i></p>	<p>21</p> <p>Mini Corn Dogs </p> <p>BBQ Baked Beans</p> <p style="text-align: center;"><i>Fresh Fruit & Veggie Station</i></p>	<p>22</p> <p>Tyson Crispy Chicken Tenders </p> <p>Emoji Fries Roll </p> <p style="text-align: center;"><i>Fresh Fruit & Veggie Station</i></p>	<p>23</p> <p>Papa John's Cheese Pizza </p> <p>(School Approved) Sidekicks 100% Frozen Juice </p> <p style="text-align: center;"><i>Fresh Fruit & Veggie Station</i></p>
26	27	28	29	30



Spring Break (March 26-30)

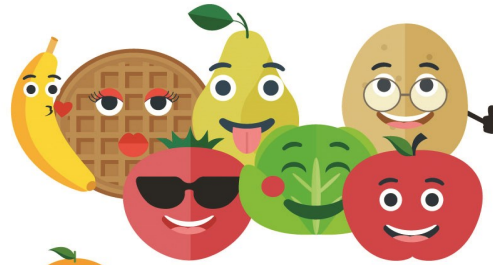


March Happenings

Mar 2nd: Dr. Seuss Day

Mar 5th - 9th: National School Breakfast Week

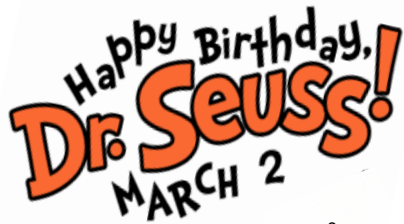
Mar 17th: St. Patrick's Day



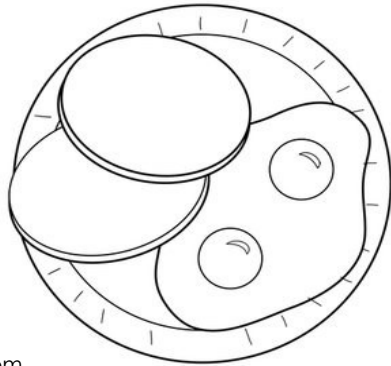
I  SCHOOL BREAKFAST

National School Breakfast Week!

Start your morning with a healthy breakfast! Did you know that if your child qualifies to receive a free lunch, they can get a free breakfast as well? A regular priced breakfast is only \$1.50 making it quick, convenient, and cost-effective. A reduced price breakfast costs \$0.25 for students who qualify. Fill out an application online today at tusd.org/nutrition-services!



Source:
www.twistynoodle.com



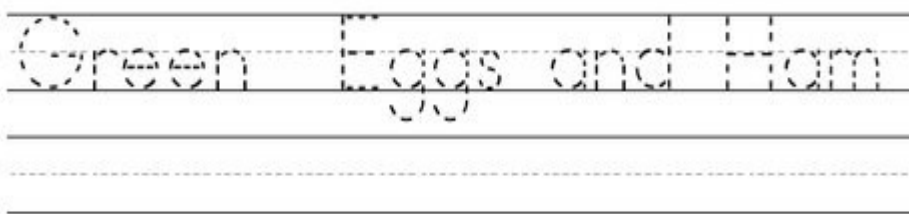
Activity:
Color the plate of Green Eggs and Ham



Elementary Schools Participating in School Breakfast Program:



Adams	Edison	Torrance	Yukon
Arlington	Fern	Victor	
Carr	Lincoln	Wood	



Held annually on March 2nd, Dr. Seuss Day is a holiday that celebrates the birthday of Theodor Seuss Geisel – otherwise known by the pen name by which he authored children's books: Dr. Seuss. During the 1990s, the National Education Association advocated for a day to celebrate reading all over the United States. In 1998, it started Read Across America and decided to hold it on the same day as Dr. Seuss' birthday.



St. Patrick's Day - Green Foods!



Activity: Identify all the foods that are green

